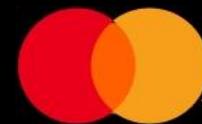




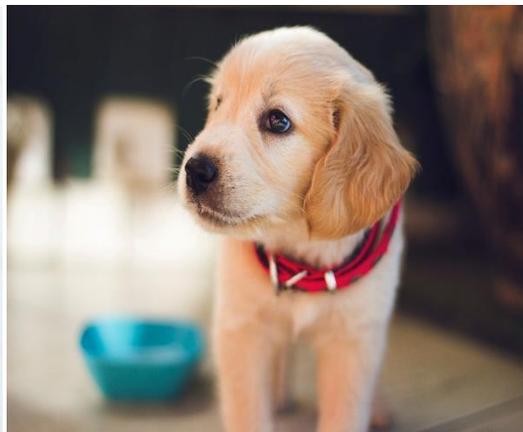
**TAKING CARE OF YOUR PETS
WHILE STAYING HOME**



Taking care of your pets while staying home

You know how it is. As you head out for work in the morning, your dog stand by the door, and looks at you, overcome with despair that you're never coming back! Cats, on the other hand, will pretend to be aloof when you leave but those bossy meows when you return home are their way of telling you they would like it if you were around more often. Well, they've got their wish, but that doesn't mean your time at home won't affect their days in ways they weren't expecting.

We'll talk about how to type with a cat lying on your keyboard and bark-filled conference calls another time. For now, let's discuss the basics for keeping your pets active and well-adjusted as you adopt a new routine, as well as making the most of your time with them at home.



1. Play games with your dog!

Make your dog work for treats.

Placing snacks inside a pet bottle or a toy with a hole in the middle means your dog will have to work off excess energy getting them out. Dogs enjoy the challenge and reward. You can also hide snacks around the house: underneath rugs, behind doors, and under tables.

Set Up Obstacle Courses

Circuit workouts are great for people and pets! Arrange different objects such as hula hoops and boxes to create jumping obstacles, or use cushions and chairs to create tunnels your dog must navigate. Get creative with what you have available at home.

Run Your Dog Up and Down the Stairs

If you have a multi-level home, use the staircase to exercise and play with your pets. Stand at the top and throw a toy down to your dog. When he grabs it, call his or her name and to bring the toy up to you. After a couple of trips up and down the stairs, you'll have a happy dog in need of a nap.

Stop destructive behavior with carrots

If your dog is chewing on furniture or shoes, keep him or her entertained with rigid bones and healthy snacks such as carrots.



2. Take care of your pet!

Now more than ever, it's important to keep your pet healthy. If you pet gets sick, you may have to leave the house in order to take your little buddy to the vet. Make sure your four-legged friends are eating their normal diet and keep teeth clean with regular brushings. Veterinarians advise that good oral health can prevent infections and illness.

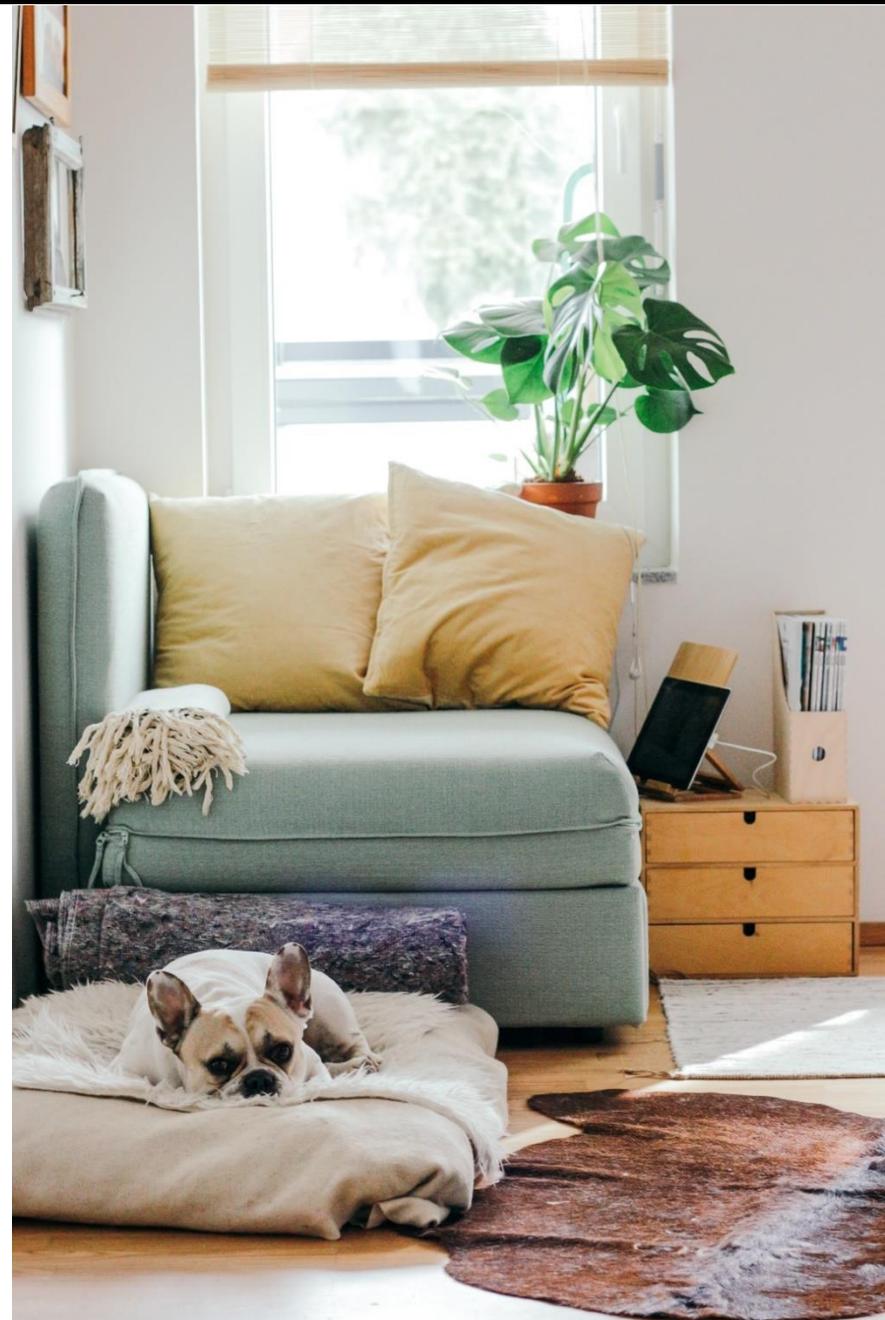
Give your dog a daily brushing. Not only will this make pets feel loved and cared for, it is also a great way to check health. Brushing removes excess fur from coats and distributes natural oils to moisturize the skin. Before a bath, brush fur to prevent matting and water retention that could leave your dog with irritated skin.

Bathe your dog once a month. If you're accustomed to having a groomer handle this task, you might find your pet uncooperative. Calmly talk to your dog and use lukewarm water. Shampoo intended for pets is optimal. If none is available, use a gentle "people" shampoo.



3. Relax with your pet!

Quiet music can help even the most energetic pets chill out at the end of the day. Dogs are creatures of habit, so make music a daily ritual while sitting beside one another. Breathe with tranquility. Pets are incredibly intuitive and when they sense you are calm and relaxed, they become calm as well.





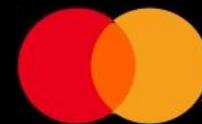
Taking care of your cat

Your time at home can also affect the daily lives of cats, many of whom love to sneak through open windows or doors and venture out. If you're opening either for a breath of fresh air, make sure you've taken precautions to keep them safe indoors.

Again, if your pet gets sick, you may need to leave the house in order to take your furry friend to the vet. To keep your cats in good health, take the following steps.

- Make sure they have a collar and ID tag with name, phone and address.
- Keep them hydrated as the weather heats up.
- Continue their normal diet. Now is not the time to try new foods.
- Play with your cat as often as possible with string and feather toys and have small light items such as crumpled balls of paper on the floor that they can chase around themselves.





Thank you!

Looking for more recommendations during your time at home? We are here to help. Please contact us at 1-855-802-1387, mastercard.en-us@tengroup.com or through our live chat.

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